



Master Certified Coach (MCC)

Certification Steps

1. Master Coach Series (36 hours)
2. 1-hour, one to one mentoring sessions (3)
3. Coaching Log (20-items)
4. Advanced Practical Skills Assessment

Descriptions

1. Master Coach Program
 - Live, interactive, skill and application focused 2-hour group sessions with your Coach Mentor that meet once or twice a week. Session by session, work together on gaining mastery of 19 coaching competencies. Come to each session with an experience of at least one coaching conversation that occurred the prior week.
 - Weekly sessions are recorded for your review and for those whose schedule does not support live participation or who want to catch up from a missed session.
 - Week by week, expect to see yourself developing the skills for making quality coaching choices, appraising the value of one coaching choice over another, and engaging a person in discovering their best thinking about themselves and the world around them, while integrating information and expertise as appropriate.
2. Three 1-Hour, One-to-One Mentoring Sessions
 - While participating in the weekly sessions, schedule three, 1-1 meetings with your Coach Mentor. During your 1-1 mentoring sessions, you will coach your coach mentor acting in the role of a client, learn from your experience, ask questions, and have conversation that is individualized to you and what you feel you need for your growth.
3. Coaching Mastery Journal
 - Review 10 coaching conversations during which you coached or were coached outside of the weekly sessions and identify your learnings. At least five of the ten conversations reviewed must be conversations in which you were the coach.
4. Advanced Practical Skills Assessment



- Scheduled to occur after completion of steps #1 - #3 above, this last step before certification is your fourth 1-1 meeting with your coach mentor, during which time you will coach your coach mentor and, afterwards, get written feedback on your coaching.

A few additional details

- You can choose up to a 4-month payment plan
- You can get 36 CE for ACSM, CHES/MCHES, NBC-HWC, RD, and General
- When you can't attend live, get credit by listening to an audio recording and submitting a brief learning survey.

A few links

- [Master Certified Intrinsic Coach \(Details\)](#)
- [Start Dates & Schedule](#)
- [Enroll Now](#) (\$1495 – payment plans appear after you click “add to cart”)
- Contact us [online](#), email registrar@isintl.com, or leave a message at 480-515-5220